

# What's Up?

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## Light House Homeless Shelter Receives a Generous Grant

The Light House Homeless Shelter in Annapolis has received a \$10,000 grant from the Verizon Foundation to expand a program designed to counsel and educate men with a history of violence toward women.

The program focuses on men with a greater risk of violence often triggered by societal pressures like homelessness or poverty. Understanding that these men also may act inappropriately as a result of mental illness, substance abuse, stress and other unhealthy factors, the program is designed to help men find healthy responses to issues they face. Individual and group counseling will focus on anger management, healthy relationship building, problem solving skills, and behavior modification.

“We applaud Verizon for its leadership role in helping us create a safer community for our families,” said Harry Cole, executive director of the Light House Homeless Shelter. “We are truly grateful that Verizon realizes that fathers need support in times of crises in order to prevent domestic violence.”

Raising awareness of domestic violence and aiding in its prevention is one of Verizon’s principal areas of focus.

“Domestic violence touches every segment of society, but while the problem is universal, the solutions are not,” said Tara Potter, assistant vice president of external affairs for Verizon. “That is why we are proud to help the Light House Homeless Shelter reach out to victims of violence and help them rise above their circumstances to make a better life for themselves and their families.”

The Verizon Foundation, the philanthropic arm of Verizon Communications, supports the advancement of literacy and K-12 education through its free educational web site, [Thinkfinity.org](http://Thinkfinity.org) and fosters awareness and prevention of domestic violence. In 2008, the Verizon

Foundation awarded more than \$68 million in grants to nonprofit agencies in the U.S. and abroad. It also matched the charitable donations of Verizon employees and retirees, resulting in additional \$26 million in combined contributions to nonprofits. Through Verizon Volunteers, one of the nation's largest employee volunteer programs, Verizon employees and retirees have volunteered more than 3 million hours of community service since 2000. For more information on the foundation, visit [www.verizonfoundation.org](http://www.verizonfoundation.org)

The Light House is steadfast in its 20-year mission of rebuilding lives in Anne Arundel County with service and compassion by providing shelter, preventing homelessness, and empowering people as they work toward self-sufficiency. For more information visit [www.AnnapolisLightHouse.org](http://www.AnnapolisLightHouse.org).